# ANALYSIS OF THE MEANING OF HADITH ABOUT DESTINY IN ABDULLAH GYMNASTIAR'S INSTAGRAM POSTS

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## Abu Bakar, Zulfirman Manik

Universitas Islam Sumatera Utara, Insitut Agama Islam Padang Lawas Jl. Sisingamangaraja No. 191, Kota Medan, Sumatera Utara e-mail: abu.bakar@fai.uisu.ac.id, zulfirman@iaipadanglawas.ac.id

Abstrak: Abdullah Gymnastiar merupakan salah satu pendakwah populer di Indonesia yang mampu memanfaatkan media sosial untuk menyampaikan pesan agama dengan cara yang sejuk, sederhana, dan relevan. Melalui akun Instagram, Abdullah Gymnastiar membahas berbagai topik keislaman, termasuk konsep teologis seperti takdir, yang sering kali menimbulkan kebingungan di kalangan masyarakat awam. Dalam konteks ini, penting untuk mengkaji bagaimana pemaknaan hadis-hadis tentang takdir dikomunikasikan secara modern dan mudah dipahami. Penelitian ini bertujuan untuk menganalisis pemaknaan hadis-hadis tentang takdir yang disampaikan oleh Abdullah Gymnastiar melalui media sosial Instagram. Penelitian dilakukan dengan menggunakan metode analisis isi dan pendekatan kualitatif, khususnya analisis interpretatif. Data penelitian dikumpulkan dari unggahan, keterangan, video, dan komentar pada akun Instagram Abdullah Gymnastiar. Hasil penelitian menunjukkan bahwa Abdullah Gymnastiar menafsirkan hadis-hadis tentang takdir dengan menekankan keseimbangan antara usaha manusia dan tawakal kepada kehendak Allah. Pesan tersebut dibingkai sebagai motivasi spiritual yang memotivasi umat untuk terus berusaha. Implikasinya, pendakwah masa kini perlu kreatif memanfaatkan media digital agar pesan agama dapat disampaikan secara komunikatif, inspiratif, dan mudah dipahami masyarakat.

Kata Kunci: Hadis Takdir, Abdullah Gymnastiar, Dakwah Digital

**Abstract:** Abdullah Gymnastiar is one of Indonesia's most popular preachers who has been able to utilize social media to convey religious messages in a calm, simple, and relevant manner. Through his Instagram account, Abdullah Gymnastiar discusses various Islamic topics, including theological concepts such as destiny, which often cause confusion among the general public. In this context, it is important to examine how the meaning of hadiths about destiny is communicated in a modern and easily understandable way. This study aims to analyze the meaning of hadiths about destiny conveyed by Abdullah Gymnastiar through Instagram. The research was conducted using content analysis and a qualitative approach, specifically interpretive analysis. The research data was collected from posts, captions, videos, and comments on Abdullah Gymnastiar's Instagram account. The results of the study indicate that Abdullah Gymnastiar interprets hadiths about destiny by emphasizing the balance between human effort and tawakal (trust in God's will). This message is framed as spiritual motivation that encourages the community to continue striving. The implication is that contemporary preachers need to be creative in utilizing digital media so that religious messages can be conveyed in a communicative, inspiring, and easily understandable manner to the public.

Keywords: Hadith on Destiny, Abdullah Gymnastiar, Digital Da'wah

### INTRODUCTION

Hadith on destiny is an important part of Islamic creed that has been a major topic of discussion by scholars and preachers throughout Islamic history. In the context of faith, destiny refers to the belief that everything that happens in the universe, both good and bad, has been predetermined by Allah since time immemorial. This belief is enshrined in the sixth pillar of faith, which is to believe in destiny, both bad and good (Rukmana & Amalia, 2020).

Classical and contemporary scholars often discuss this issue in order to explain how destiny interacts with human will and effort. They emphasize that although everything has been written, humans are still ordered to make efforts and pray, because destiny is not an excuse to be lazy or give up on circumstances (Amiruddin, 2021). Ibn Taimiyah, example, asserts that destiny does not limit human freedom to act and choose, but rather recognizes that all human choices remain under the will of Allah, the All-Knowing and Almighty (Washil & Fata, 2018). In works of tafsir and hadith commentaries, such as those written by al-Nawawi, the relationship between destiny and God's justice is discussed, where it is believed that God never wrongs His servants, and every decision is full of wisdom that may not always be understood by humans (Romadhona, Jannah, & Said, 2023).

The preachers often remind the people to always be patient in the face of calamities and remain grateful in a situation spacious, because everything that happens has been destined by Allah with a specific purpose, which will ultimately bring good to the believers. This concept is also a comfort for

those who experience life trials, because they believe that nothing happens to someone except with Allah's permission, and every difficulty will be followed by ease (Hafiz & Nurfadillah, 2023). In addition, they also advocate strengthening tawakkal to Allah as part of practicing faith in destiny, while still trying in ways that are halal and according to sharia (Kamal, Amri, & Aderus, 2022).

In the modern era, the development of technology and the popularity of social media, especially Instagram, have become very effective tools in the dissemination of religious teachings, including teachings related to destiny. Instagram, with its visual and audiovisual format, makes it easier for scholars, preachers, and preachers to reach a wider audience (Husna, 2021). In Indonesia, religious figures such as Abdullah Gymnastiar, better known as Aagym, utilize this platform to deliver Islamic messages to his millions of followers. Aagym is one of the popular preachers active on social media, using a cool, simple, and motivational approach preaching. He often discusses Islamic life values, including the concepts of destiny, patience, and tawakal (surrendering to Allah) in the face of life's trials.

With an approach that is easily understood by ordinary people, Abdullah Gymnastiar's da'wah through Instagram and other social media platforms plays an important role in strengthening the faith of Muslims, as well as providing a deeper understanding of how to deal with destiny and life's trials. Social media also facilitates direct interaction between religious figures and their followers, creating a vibrant space for

discussions on Islamic teachings, which can be accessed anytime and anywhere.

Various studies have previous discussed the meaning of hadiths about destiny from various perspectives, but none has specifically examined the meaning of the hadiths in Abdullah Gymnastiar's Instagram account. The study by Rukmana & Amalia (2020) examines how traditions about destiny are understood in traditional and modern theological contexts. Research by Amiruddin (2021) examines the Quranic interpretation of destiny in classical and contemporary tafsir literature, and identifies differences interpretation among scholars. Research by Istianah (2020) discusses the influence of the disruptive era on the development of hadith (sayings of the Prophet) on social media, both positive and negative. Research by Daffa (2022) examines how religious figures in the digital era utilize social media to spread the understanding of hadith.

This research is different from previous studies because it specifically discusses Abdullah Gymnastiar's Instagram account as a digital da'wah media that spreads the understanding of hadith about destiny, which has not been studied much before. The purpose of this study is to identify how Aagym conveys hadith about destiny through Instagram and understand how her meaning affects her followers. This research is important because social media is increasingly influential in shaping religious understanding in the digital era, especially for the younger generation. Researching Abdullah Gymnastiar's account can provide new insights into digital da'wah and effective strategies in spreading hadith understanding on modern platforms.

The main objective of this research is to provide an in-depth understanding of how Abdullah Gymnastiar interprets hadith about destiny through social media, especially Instagram. The focus of the research is directed at analyzing religious messages delivered with a modern approach and relevant to the digital society. This goal is expected to be able to answer the need for contemporary studies on technology-based da'wah that has not been widely discussed in classical literature and previous research.

The novelty target of this research lies in the selection of the object of study in the form of Abdullah Gymnastiar's Instagram account as a digital da'wah media that raises the concept of destiny in the hadith. Different from previous studies that only discuss textual theological meanings, this research highlights how to deliver messages through social media that are interactive, visual, and oriented to modern audiences. This makes a new contribution to the study of digital da'wah in the era of technological transformation. The research orientation is directed at developing a digital media-based religious communication strategy. This research not only analyzes message content, but also reveals how visual communication approaches, motivational language, and online social interactions can strengthen people's understanding of the concept of destiny. The results are expected to be a practical and academic reference in the development of effective modern da'wah.

The theoretical contribution of this study lies in expanding the understanding of how hadiths about destiny are interpreted and communicated in the context of digital media. This study presents a new perspective in the

study of Islamic theology by highlighting the interaction between the values of Islamic teachings and the dynamics of modern communication. This study emphasizes that theological understanding is not only limited to the pulpit or classical studies, but can be enriched through social media, which has become the main communication channel in the digital era. Through analyzing the way Abdullah Gymnastiar conveys hadith messages about destiny on Instagram, this research provides a conceptual basis for understanding the relevance of digital-based da'wah as part of the development of Islamic communication science.

Practically, this research provides guidance for preachers, ustaz, and da'wah practitioners to develop strategies delivering religious messages that are more effective, creative, and adaptive to the needs of modern audiences. The findings of this study show that the use of social media allows religious messages to be packaged with visual language, simple narratives, and motivations that build spiritual awareness. This can be an inspiration for preachers in utilizing digital technology, not only to convey information, but also to shape a more inclusive, in-depth understanding of religion that is in line with the challenges of the times. Thus, this research is expected to encourage da'wah innovation that is able to bridge theological values with the real life of modern society.

#### **METHODS**

This research uses a descriptive qualitative method with a content analysis approach because this research aims to understand the theological messages regarding the hadiths of destiny conveyed by

Abdullah Gymnastiar through his Instagram account. This approach was chosen because it is relevant to reveal the meaning hidden behind the uploaded texts, images, videos, and captions, as well as to see how these messages are constructed and communicated in the context of digital da'wah. The content analysis in this study does not only examine the content on a surface level, but also traces the narrative patterns, language, and visual symbols used to convey the concept of destiny in a simple and inspiring way to his followers.

The source of the research data consists of Abdullah Gymnastiar's Instagram posts that contain discussions about the hadiths of destiny, both in the form of quotations, explanations, and spiritual motivations. Secondary data were collected from related literature, such as hadith commentaries, classical and contemporary commentaries, books, scientific articles, and previous research on the concept of destiny and proselytization through social media. The data collection process was carried out using documentation techniques, namely collecting relevant uploads within a certain period of time, recording the context of the messages contained in them, and archiving the data systematically.

The analysis process was conducted by referring to thematic content analysis techniques. Each upload collected was analyzed by reading in depth, then identifying the main themes related to the meaning of the hadith of destiny. Coding was done to find patterns of interpretation, such as the relationship between the concepts of ikhtiar, tawakal, patience, and divine justice as

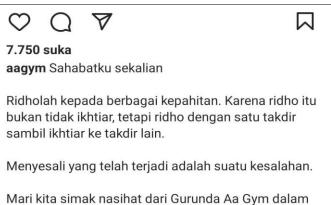
**Instagram** 

conveyed by Abdullah Gymnastiar. Furthermore, the results of the analysis are interpreted within the framework of Islamic theology by referring to the opinions of scholars and supporting literature, thus offering deeper insight."

To ensure the validity of the data, this study uses source triangulation by comparing the content of Abdullah Gymnastiar's upload with references to hadith, tafsir, and academic studies. Discussions with experts and literature analysis are also used to strengthen the interpretation. This procedure is expected to produce a valid analysis and fully describe how the message of destiny is packaged in an interactive and inspiring digital da'wah.

# RESULTS AND CONCLUSIONS Destiny Content on Abdullah Gymnastiar's

The author conducts a more in-depth search of some study content about destiny shared by Abdullah Gymnastiar through his Instagram account. The published content has an attractive design, by combining informative graphic elements, which are accompanied by explanations in the form of audio and text under each post. The combination of formats provides an additional dimension in the delivery of the message, thus increasing the audience's attractiveness and understanding of the material presented. Some examples of these posts can be seen in following section:



tayangan berikut ini sahabat.

#aagym #dakwahislam #dakwahtauhiid #kajianaagym #kajianislam #reminder #ridho

Lihat semua 75 komentar

Figure 1. Abdullah Gymnastiar Instagram Account Posts

Figure 1 illustrates a post on Abdullah Gymnastiar's Instagram homepage that contains a video with a caption explaining the concept of ridha to one destiny. This post has received 7,750 likes. The caption accompanying the video contains a narrative that provides a more in-depth explanation of the importance of a ridha attitude in facing the provisions of fate, so that enriches the

audience's understanding of the theme conveyed:

"Ridholah to various bitterness. Because ridho is not not making efforts, but ridho with one destiny while making efforts to another destiny. Regretting what has happened is a mistake. Let's look at the advice from Gurunda Aa Gym in the following broadcast, friends. #Abdullah Gymnastiar#dakwahislam #dahwahtauhid #kajianAbdullah Gymnastiar #kajianislam #reminder #ridho"

## 11.943 suka aagym Sahabat sekalian

Jangan pernah putus asa, karena jodoh itu tak bisa dipaksa. Alloh yang menentukan, bukan sekadar penampilan atau materi. Teruslah berusaha memperbaiki diri, semakin dekat pada-Nya, semakin jelas jalan yang Dia tentukan.

Percayalah, yang terbaik akan tiba pada waktunya.

Mari kita simak nasihat dari Gurunda Aa Gym dalam tayangan berikut ini sahabat.

#aagym #dakwahislam #dakwahtauhid #kajianaagym #kajianislam #reminder #jodoh

Lihat semua 113 komentar

Figure 2. Abdullah Gymnastiar Instagram Account Posts

Figure 2 shows a video post on Abdullah Gymnastiar's Instagram with a caption about soul mates, which has received 11,943 likes. The caption explains the concept of soul mates from an Islamic perspective, emphasizing tawakal and effort in accepting divine destiny.

"Dear friends, Never despair, because soul mate cannot be forced. Allah decides, not just looks or materials. Keep trying to improve yourself, the closer to Him, the clearer the path He determines. Believe me, the best will come in time. Let's see the advice from Gurunda Aa Gym in the following broadcast, friends #Abdullah Gymnastiar#dakwahislam #dahwahtauhid #kajianAbdullahGymnastiar #kajianislam #reminder #jodoh."

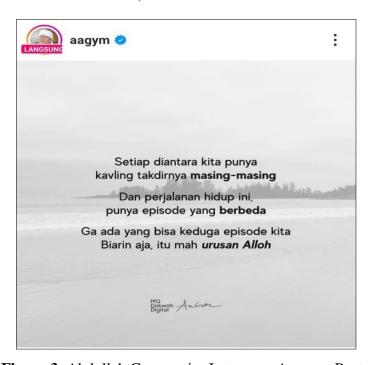


Figure 3. Abdullah Gymnastiar Instagram Account Posts

Figure 3 illustrates a post on the homepage of Abdullah Gymnastiar's Instagram account featuring a graphic design photo accompanied by a caption explaining the concept of destiny. This post has received 25,584 likes. The graphic design in the picture contains a narrative related to the explanation of destiny, while the caption provides more detailed information to clarify the meaning conveyed through the graphic design. This collaboration between visuals and text aims to deepen the audience's understanding of the destiny from Islamic concept of an perspective:

"My good friend, Each of us has its own plot of destiny And this journey of life, has different episodes No one can guess our episode Let it go, it's Allah's business. Our business is, learn with sincere intentions, practice with sincere intentions, what Allah likes, do what Allah doesn't like, leave it. That's it we, calm down...And the keys to all that is unseen are with Him; no one knows them but Him. He knows what is on land and in the sea. Not a leaf falls that He does not know. There is not a grain of seed in the darkness of the earth, nor anything wet or dry, that is not written in the Book of the Unseen. (QS. Al-An'am [6]: #Abdullah Gymnastiar #dakwahislam #dahwahtauhid #kaiianAbdullah Gymnastiar #kajianislam #reminder #takdir."

# **6.455 suka aagym** Sahabatku sekalian

Kita diciptakan sudah lengkap dengan rezekinya seperti firman Allah dalam surat Hud Ayat 6 :

Dan tidak ada suatu binatang melata pun di bumi melainkan Allah-lah yang memberi rezekinya.

Mari kita simak nasihat dari Gurunda Aa Gym dalam tayangan berikut ini sahabat.

#aagym #dakwahislam #dakwahtauhid #kajianaagym #kajianislam #reminder #rezeki

Lihat semua 48 komentar

Figure 4. Abdullah Gymnastiar's Instagram Account Posts

Figure 4 presents a video post on Abdullah Gymnastiar's Instagram account that focuses on the Islamic concept of sustenance and has received 6,455 likes. In the caption, Abdullah Gymnastiar provides a thoughtful explanation of sustenance, linking it with core values such as faith, gratitude, and consistent effort. He emphasizes that sustenance is not solely material but also includes spiritual blessings from Allah. Through this narrative,

he delivers motivational and spiritual guidance aimed at encouraging his followers to remain grateful, work diligently, and trust in divine provisions.

"My dear friends, we are created complete with sustenance as Allah says in Surah Hud verse 6: and there is not a creeping thing on earth but Allah is the one who gives its sustenance. #Abdullah Gymnastiar#dakwahislam #dahwahtauhid #kajianAbdullah Gymnastiar #kajianislam #reminder #rezeki."



Figure 5. Abdullah Gymnastiar's Instagram Account Posts

Figure 5 displays a post on Abdullah Gymnastiar's Instagram account featuring a graphic design photo with a caption that explains the Islamic concept of destiny, garnering 3,341 likes. The graphic design presents a narrative that emphasizes understanding destiny through faith, acceptance, and trust in Allah's divine plan, offering spiritual insight.

"Allah's destiny is definitely good, friends who are blessed by Allah,

Allah's decree is definitely good if we live it with the right intentions and methods. Don't worry about Allah's promise, worry if you can't perfect your deeds. From Anas bin Malik, the Messenger of Allah said, "I am so amazed at a believer. Verily, Allah does not ordain something for a believer but it must be the best for him. (HR. Ahmad, 3: 117). #dakwahislam #dahwahtauhid #kajianAbdullah Gymnastiar #kajianislam #reminder #takdir."



Figure 6. Aagym Instagram Account Posts

Figure 6 displays a post consisting of a graphic design photo accompanied by a caption that provides an explanation of destiny by Allah's permission. This post has received 13,272 likes. In the graphic design, there is a narrative that discusses the provisions of life that are fully under the will and permission of Allah. In the caption accompanying this graphic design photo, there is a more in-depth explanation of the concept of destiny in the view of Islam, which emphasizes that everything in the universe, including human life, occurs according to Allah's permission and decree:

"My good friend, in fact, nothing will happen except by the permission of Allah, whether in the form of calamity or blessing. Even if the jinn and humans join together to harm us, by Allah not a single hair will fall without the permission of Allah. "Those are the ones (who obey Allah and the Messenger) who, when people say to them, "The people (of Quraysh) have gathered an army to attack you, so fear them," (it) increases their strength and they say, "Sufficient for us is Allah, and He is the best of protectors". (QS. Ali Imran (3): 173). #Abdullah Gymnastiar #dakwahislam #dahwahtauhid #izinallah."



Figure 7. Abdullah Gymnastiar Instagram Account Posts

Figure 7 shows a post consisting of a graphic design photo accompanied by a caption explaining the concept of destiny in an Islamic perspective, with an emphasis on the belief that Allah knows what is best for His servants. This post has received 25,525 likes. In the graphic design, there is a narrative that illustrates the importance of believing that everything that happens in life is part of Allah's best plan for each individual:

"My dear friends, it may be that Allah grants our wishes by not giving us what we want, because He knows best, the dangers that will befall behind our wishes."...But it may be that you dislike something, while it is good for you, and it may be that you love something, while it is not good for you. Allah knows, and you do not know." (QS. Al-Baqarah (2): 216). #Abdullah Gymnastiar #dakwahislam #dahwahtauhid #kajianAbdullah Gymnastiar #reminder."

Some of the contents mentioned above are only some of the similar contents found on Abdullah Gymnastiar's Instagram account. Nevertheless, it is certain that the contents that the author has mentioned have a consistent thematic focus. Overall, the content on Abdullah Gymnastiar's Instagram account displays an almost uniform message, which is related to the central theme of destiny. The messages repeatedly emphasize the importance of belief in Allah's decree, acceptance of destiny, and tawakkala (reliance) in living life, all of which are the core of Islamic spiritual teachings delivered in a form that is easily understood by the followers of the account.

# Hadith of Destiny in Abdullah Gymnastiar's Instagram Account

In the search conducted on Abdullah Gymnastiar's Instagram account. explained earlier, it was found that the values of destiny conveyed by Abdullah Gymnastiar are in accordance with the hadiths related to destiny. Abdullah Gymnastiar consistently conveys messages that are in line with Islamic teachings regarding faith in God's decree, acceptance of destiny, and the importance of tawakal and sincerity in facing various life situations. This shows that the content shared is not only based on personal interpretation, but also refers to authoritative sources in Islamic teachings, such as the traditions of the Prophet Muhammad that discuss the destiny and decree of God.

**Table 1.** Hadiths **on Destiny** 

Hadith Text	Rawi	Status (*)
لو أنَّكم تتوكلون على الله حق توكله، لرزقكم كما يرزق الطّير، تغدو خماصا	Tirmidhi	Sahih
وتروح بطانا		
وإن أصابك شيء فلا تقل : لو أنّي فعلت كان كذا وكذا, ولكن قل : قدر الله	Muslim	Sahih
وما شاء فعل : فإن لو تفتح عمل الشيطان		
كتب الله مقادير الخلائق قبل أن يخلق السماوات والأرض بخمسين ألف سنة	Muslim	Sahih
إِنَّ أَحَدَكُمْ يُجْمَعُ حَلْقُهُ فِي بَطْنِ أُمِّهِ أَرْبَعِينَ يَوْمًا ثُمَّ يَكُونُ عَلَقَةً مِثْلَ ذِ َلكَ ثُمَّ	Bukhari	Sahih
يَكُونُ مُضْغَةً مِثْلَ ذَلِكَ ثُمٌّ يَبْعَثُ اللَّهُ مَلَكًا فَيُؤْمَرُ بِأَرْبَعِ كَلِمَاتٍ وَيُقَالُ لَهُ اكْتُبْ		
عَمَلَهُ وَرِزْقَهُ وَأَجَلَهُ وَشَقِيٌّ أَوْ سَعِيدٌ "		
مَا مِنْكُمْ مِنْ أَحَدٍ مَا مِنْ نَفْسٍ مَنْفُوسَةٍ إِلَّا وَقَدْ كَتَبَ اللَّهُ مَكَانَهَا مِنْ الجُنَّةِ وَالنَّارِ	Muslim	Sahih
وَإِلَّا وَقَدْ كُتَبَ شَقِيَّةً أَوْ سَعِيدَةً.		
عَجَبًا لِأَمْرِ الْمُؤْمِنِ إِنَّ أَمْرَهُ كُلَّهُ حَيْرٌ وَلَيْسَ ذَاكَ لِأَحَدٍ إِلَّا لِأَمُؤْمِنِ إِنْ أَصَابَتْهُ	Muslim	Sahih
سَرَّاءُ شَكَرَ فَكَانَ حَيْرًا لَهُ وَإِنْ أَصَابَتْهُ ضَرَّاهُ صَبَ فَكَانَ حَيْرًا لَهُ		
واعلم أن الأمة لو اجتمعت على أن ينفعوك بشيء ، لم ينفعوك إلا بشيء قد	Tirmidhi	Sahih

كتبه الله عليك.

Tirmidhi كيومنُ عبدٌ حتَّى يؤمِنَ بالقدرِ خيرِهِ وشرِّهِ ؛ حتَّى يعلمَ أنَّ ما أصابَهُ لم يكن ليصيبَهُ ليخطئَهُ ، وأنَّ ما أخطأَهُ لم يكن ليصيبَهُ

(\*) Hadith Quality: Based on takhrij al-hadith process using Mu'jam Mufahras li Alfadzi al-Haditsi al-Nabawi.

### **CONCLUSIONS**

Based on the findings described above, it can be concluded that the various posts on Abdullah Gymnastiar's Instagram account consistently promote an important message regarding the concept of destiny in Islam, which is based on sahīh hadiths. Through these posts, Abdullah Gymnastiar provides an in-depth explanation of key aspects such as ridho, ikhtiar, tawakal, rezeki, jodoh, and keikhlasan, all of which are closely related to belief in Allah's provisions. Abdullah Gymnastiar emphasizes that destiny is not only interpreted as passive acceptance, but must be accompanied by earnest efforts and sincere tawakal. The whole narrative delivered by Abdullah Gymnastiar shows a comprehensive understanding of the concept of destiny in Islamic teachings, focusing on the belief that Allah is all-knowing and all-ruling in all aspects of human life. Every believer is reminded to always try to improve themselves, surrender to His will, and maintain good prejudice against all of Allah's decrees. Through references to sahīh traditions, Abdullah Gymnastiar manages to communicate this understanding in a relevant and contextual way, providing his followers with deep insights on how to live life with a firm faith in God's destiny. Abdullah Gymnastiar effectively conveys Islamic

teachings on destiny in a way that combines spiritual belief and the spirit of human endeavor, in accordance with the principles contained in the Prophetic traditions. The implication of this conclusion is the need for preachers and da'wah practitioners to utilize social media creatively and contextually in delivering religious messages. Abdullah Gymnastiar's understanding can be an inspiration to package theological values such as destiny with language that is easy to understand, relevant to the challenges of modern life, and able to motivate people to continue to strive and get closer to Allah.

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